

Daily use of Respimat®: It's as easy as T.O.P.



TURN

- **Keep cap closed**
- **TURN** base in direction of the arrows on label until you hear a **click**



OPEN

- Flip cap **OPEN** until it clicks into open position



PRESS

- Breathe out slowly and fully
- Close your lips around the mouthpiece end
- While taking in a slow, deep breath, **PRESS** dose release button; keep breathing in slowly
- Close cap
- Repeat **Turn, Open, Press (T.O.P.)** for a total of 2 puffs

**TWO
PUFFS
ONCE
DAILY**

If you are unsure how to use the Respimat® Soft Mist™ Inhaler, you can also ask your doctor, nurse or pharmacist for help.

References: 1. Placebo Respimat® inhaler package leaflet; instructions for demonstration. Boehringer Ingelheim International. September 2010.

Preparing Respimat®: A soft mist inhaler¹

Priming each new device once a month

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1. **Safety catch**

 - **Keep cap closed**
 - Press safety catch and pull off clear base
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2.

 - **Keep cap closed**
 - Insert narrow end of cartridge into inhaler and gently push against a firm surface to ensure that it has gone all the way in
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3.

 - **Keep cap closed**
 - Replace clear base
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4.

 - **Keep cap closed**
 - Turn base in direction of the arrows on label until you hear a **click**
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5.

 - Flip cap open until it clicks into open position
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6.

 - Point Respimat® inhaler toward ground and press dose release button
 - Close cap
 - Repeat steps 4-6 until a cloud is visible
 - Then repeat 3 more times before use

RESPIMAT®